Thanks to the Groote Eylandt Game and Sports Fishing Club for helping me get my first ever Sailfish  
-Braden McDonald

Inside this edition:

Township matters  
Launch of “The Biggest winner “  
Safety drawing competition for the kids  
Fantastic fishing photo spread  
Community events report backs
NOTE FROM THE EDITOR

G’day Groote.

The Wet Season is now well and truly with us, for better or for worse. So make sure you read all about defuse the “Mosquito menace” in our Contracting Partner pages.

A big thank you to those who sent in the fantastic fishing photographs. Remember you can send in photos or other contributions to eylandtecho.gemco@bhpbilliton.com.

If you, like me, are trying to reduce your Carbon footprint and would like to receive the Echo electronically please email your name to eylandtecho.gemco@bhpbilliton.com and put “Email me” as the subject and I will add your email address to the distribution list. This should enable us to reduce paper usage in the long term.

I would also like to wish those of you with a little Irish in you a very happy St. Patrick’s day.

Till next edition,

Taryn Rose — Relief Editor.

FOR MAINTENANCE EMERGENCIES AFTER HOURS:
DIAL 8987 4208
THEN FOLLOW THE PROMPTS

Only work that is deemed to be a genuine emergency can be carried out after hours.

The types of jobs covered are:
Loss of Power
Electrical Shock
Fallen Power Line
Dangerous Power Outlet
Blocked Toilet or Drains
Water Tap Fully Running & Unable To Turn Off
Broken Water Main
Air Conditioner Breakdown in Shift Worker’s Bedroom
Collapse of Part or All of Stairs, Wall, Window or Floor
Tree Fallen on House or Power Line Creating a Dangerous Situation

Terry Donald
Project Manager
Ph 0428 762 986

NEXT DEADLINE:
VOL 15 NO 6
The closing time for all contributions is:
Monday 15 March 2010
at 9:00am

The Eylandt Echo newsletter is produced each fortnight for the benefit of everyone on Groote Eylandt. The Eylandt Echo is sponsored by GEMCO as a community service. The contributions and advertisements contained within the Eylandt Echo are not necessarily the views and opinions shared by either the Editor or GEMCO, but are presented for the communities interest at large.

All types of contributions to the Echo are invited. Please send in your news, photos, stories, sports results & events, humour, art, cartoons, letters to the editor, questions, suggestions and comments.

To advertise, contribute or make any enquiries please contact the Editor at the Echo office, located in the Township Administration building; or telephone (08) 8987 4253, fax, (08) 8987 6732 or email - eylandtecho.gemco@bhpbilliton.com. Details may also be sent to the Eylandt Echo, Alyangula, NT 0885; or dropped into the Township Administration office.
KIDS DRAWING COMPETITION

SAFETY DRAWING COMPETITION

INSTRUCTIONS:
The theme is: SAFETY AT HOME, SCHOOL & PLAY
• Draw a safety related picture on a blank A4 piece of paper (landscape only please)
• On the back write your:
  • Name
  • Surname
  • Age
  • Telephone Number
  • Parents’ name/s

12 winners will be selected from all the entries and a GEMCO Safety calendar will be created from these entries.

Suggested safety themes include:
✓ Poisoning
✓ Dog bites
✓ Stranger Danger
✓ Road Safety
✓ House Fires and burns
✓ Pool Safety
✓ Bicycle Safety
✓ Emergency Numbers
✓ First Aid

HAND COMPLETED ENTRIES IN AT THE POST OFFICE BEFORE THE 31st OF MARCH.
CONTRACTING PARTNERS

Township Matters

Alterations & Additions – Including Fences and Pools

It is important to be aware that it is a condition of your Residential Tenancy Agreement that you are required to obtain the Landlord’s written consent before making ANY alterations or additions to your homes. This includes carports, garden sheds and shade structures.

If you wish to make any alterations or additions, including the erection of any fences, please contact our office and we will gladly help you through the process.

There are special requirements for the erection of pools, spas or garden ponds. Any structure that contains water over the depth of 30cm requires a safety fence in compliance with the NT Pool Fencing legislation. The NT Water Safety Branch conducts regular inspections on Eylandt.

Should you have any doubts as to these requirements and/or your responsibilities please contact the LJ Hooker office 8987 6400.

Please remember…..

Everybody living and working in the Northern Territory who erects a swimming pool has a responsibility to ensure that it is safe. Swimming pool owner responsibilities are detailed in the Swimming Pool Safety Act 2004. The Act includes blow-up pools and other temporary pools or spas capable of holding 30cm or more of water.

No Fence = No Water

A Timely Reminder…

Defend Against Dengue.

With the “Wet Season” trying to do its best, now is the time to look at your garden for possible breeding areas for the Dengue Mosquito.

The Northern Territory is still considered a Dengue Free Zone, so let’s keep it that way.

• Remove old tyres and containers that can collect water.
• Dispose of fallen palm fronds.
• Empty wheelbarrows and buckets and store them upside down to stop water collecting in them.
• Empty birdbaths and pot plant trays.
• Use a surface spray under beds, and behind curtains and blinds.
• Use a good quality insect repellent and use mozzie zappers around the home.

No Fence = No Water

L.J. Hooker Groote Eylandt
Township Office Yarradena Rd
Alyangula NT 0885
08 8987 6400
CONTRACTING PARTNERS

THE MOSQUITO MENACE

We are in the high risk period for mosquitoes (December – April), so residents and mine staff should endeavour to protect themselves from mosquito bites. As part of an NT government initiative GEMCO facilitates the monitoring, and in some instances control, of potential mosquito threat on the mine site or in the community.

This is an ongoing program and has seen some government bodies visit the Eylandt specifically to reduce or control potential breeding sites around Alyangula.

Mosquito-borne Diseases

Mosquito-borne diseases such as MVE and Kunjin are endemic to the Territory from the north coast to Tennant Creek. MVE is related to Kunjin virus, which has a similar ecology, but has a lower morbidity rate.

What are the symptoms?

**MVE:** The usual symptoms of MVE include severe headache, high fever, drowsiness, tremor and seizures — especially in young children — and in some cases the condition progresses to delirium and coma, leading to paralysis or brain damage. Despite best care, 25% of people die from the infection and at least 25% of survivors will have residual neurological effects.

**Kunjin:** The symptoms expected are a high fever, headache, muscle pain, lethargy and/or rash, however, more serious complications such as encephalitis are very rare.

Director of the NT Centre for Disease Control, Dr Vicki Krause, said that “While people most at risk of MVE are those with no prior exposure to the virus (including babies, young children, and tourists), cases have also been reported in long-term residents and people well acquainted with the Top End”.

~ NT Government, Department of Health and Families, Media Release, May-09.

How is the virus spread?

MVE is a mosquito-borne virus that is maintained in a bird-mosquito-bird cycle. Water birds, including herons and cormorants, provide the natural reservoir for MVE. Human infection occurs only through bites from infected mosquitoes; the virus cannot be transmitted from person to person.

How to stay safe

- Various species of mosquitoes bite at different times. Avoid being outside in the late afternoon and dusk. Mosquitoes are usually most active up to one to three hours after sunset and again around dawn.
- When outside wear loose fitting, light coloured clothing that covers your arms and legs, and use an insect repellent that contains the chemical diethyl toluamide (DEET) or picardin.
- Fit fly screens to all windows and doors and keep them in good repair.
- Use a knockdown insecticide in bedrooms half an hour before going to bed. Use insecticides according to instructions.
- Ensure open containers of water are removed from around the home to prevent mosquitoes breeding.
- When camping, take precautions such as using flyscreens on tents and sleeping under mosquito-proof nets.
- Take particular care while fishing, ensuring that you follow personal precautions to avoid being bitten by mosquitoes.
ESS Gebie and Delta FM Indigenous Training and Employment Information Session

On the 21st of January 2010, ESS GEBIE and DELTA FM GEBIE in consultation with Angurugu Shire Council and the GEBIE Job Shop commenced the first ESS GEBIE / DELTA FM GEBIE Indigenous Training and Employment Information Session, to encourage local Indigenous participation in employment opportunities within ESS GEBIE and DELTA FM.

The programmes content is designed to ensure that prospective Indigenous employees have the necessary knowledge and understanding of the requirements for employment within ESS GEBIE and DELTA FM GEBIE.

I would like to take the opportunity to thank the Women’s Centre at Angurugu for providing the venue, ESS Catering Department for their contribution of refreshments, Joe Askander OHSE Advisor for his assistance, and GEBIE Job Shop. Special thanks to the East Arnhem Shire, in particular the CDEP Coordinator, and participants for their involvement and support.

Due to its success and the support received, the information sessions will now be held on a monthly basis.

For further information contact:
Zac Mundraby
Compass Group IETP Officer
Mob: 0447-880-695
Email: zacmundraby@compass-group.com.au
New Xpressmart Discount Cards—Update

The rollout of the new-look, more secure Xpressmart Discount cards, has been disrupted by software issues. As a result, the discount card system has been unreliable. In order to make sure that all GEMCO employees and contracting partners will have an opportunity to get the new card, the deadline has been extended until further notice.

To organise your card, please go to the ESS office located just next door to the Xpressmart.

Office Hours are: 7am — 8pm Monday to Friday 8am —12pm Saturday.

Please check the noticeboards for further details.

Happy shopping!

- The Xpressmart Team
COMMUNITY NOTICES

Belly Dancing

Belly Dancing is the celebration of womanhood. It is the gathering of a group of women who support and encourage each other. Belly dancing is very empowering, extremely sensual and helps you to build confidence. You will be amazed at the change in yourself, and how in-tune to your body you become.

Classes have begun. Currently, we are learning the core moves of belly dance to modern and traditional music. It does not matter if you have never done it before. We will continue to grow from here.

The classes are a lot of fun and you’re exercising at the same time. What more could you ask for? The thing I love about Belly dancing is that it is for everybody, no matter what your background or fitness level. If nothing else, you learn some new, funky dance moves!!

**Time:** 4:45 - 5:45  
**Place:** The function room in the A.R.C.  
**Price:** $10 per class

Come down and join the fun.  
Wear comfy tracksuit pants or a skirt. (Coin belts are provided.)

See you there!  
**Trish**  
**Mobile:** 0428632457.

The Alyangula Cycling Club

The Alyangula Cycling Club would like to invite you to their **Sunday morning coffee rides.**

The rides will start and finish at the Coffee Shop and will usually last up to an hour. This is an easy-spin ride where you can start learning some of the techniques of cycling.

Mountain bike or road bike – doesn’t matter, as long as you have a helmet.

Enjoy a coffee and a chat after the ride.

The club has a few major events coming up so now is a good time to brush up on your fitness. Meet at the coffee shop at 8am.

See you there... rain, hail or shine.

**Further information go to:**  
www.alyangulacyclingclub.com  
or contact  
Robbie Stephenson 8987 6665

ANZAC DAY—25 April 2010

95th Anniversary  
Commemoration &  
Legacy Representative for Groote

Regrettably, I will be leaving the Eylandt before this year’s Dawn Service and so would like to ask the Groote community, if anyone would like to lend a hand with either co-ordinating this special event and/or becoming a representative for Legacy. Contact David Wilson on **0427 175 981.**

Any assistance you can offer would be very much appreciated.

**“LEST WE FORGET”**
FOCUS ON FISHING

Left: Thank you to Bomber and the Fishing Club for taking me fishing. I had a great time fishing, seeing my first sail fish and for catching this mackerel, it was the first fish I ever caught. Bomber was great, he let me catch it all by myself and the fish was very nice to eat.
- Oscar Manning

Below: Marty and Bernard show off their prize catches

Above: Duro and Riley display the ones that didn’t get away.

THE BATTLE OF THE BARRAMUNDI

Left: Jacob Enever with a 101cm Barra and Right: Braden McDonald with a 103cm Barra. Welcome to the 1m club boys! Well done.
NEWS FROM THE GOLFIE

**Golf Events March**

Saturday 13th Beta Pave Sponsor Day  
Hole Cross Country

Saturday 20th Opening Day  
Ball Ambrose 1 for 1.30pm

Opening Night Cocktail Party 7.30pm

Saturday 27th 3 Stick Event

Sunday 28th Legends Sponsor Day  
8.30am for 9am tee off

---

**G.U.R and Immovable Obstructions:**

When dropping from G.U.R. or an immovable obstruction, a legal drop must result in the players stance being fully outside the G.U.R. or obstruction. No such requirement exists for dropping from **Hazards:** In which case re-dropping to ensure stance is clear of the hazard would incur a 2 stroke penalty and possible disqualification.

---

**Bistro @ 19**

Don’t Forget that the bistro is up and running again so come down and enjoy a great meal.  
Dinner: Tuesday to Sunday  
Lunch: Wednesday to Sunday  
Phone 8987 6655

---

**Hole In One:**

Congratulations to Tim King for getting a Hole in One on the 3rd during chook run on Friday 19th February 2010.
NEWS FROM THE GOLFIE

Alyangula Golf Club
Opening Day
Cocktail Party

Saturday
20th March
7.30pm

Gourmet
Finger Food
& a Cocktail on
arrival $25ea

Book at the Bar
Reservations close
Friday 12th March

Dolf Mele’
Calcutta Auction
OUTDOOR CINEMA

Movies are screened free at the outdoor cinema, near the Alyangula Sports & Entertainment Centre (ASEC) at 8:00pm on Saturday and Sunday evenings.

Time Travellers Wife
Sat 13 March & Sun 14 March
Starring: Rachel McAdams, Eric Bana
Romance/Drama, Rated M
Running Time: 107 Mins

Clare has been in love with Henry her entire life. She believes they are destined to be together, even though she never knows when they will be separated. Henry is a time traveller—cursed with a rare genetic anomaly that causes him to live his life on a shifting timeline, skipping back and forth through his lifespan with no control. Despite the fact that Henry’s travels force them apart with no warning, Clare desperately tries to build a life with her one true love.

The Imaginarium of Doctor Parnassus
Sat 20 March & Sun 21 March
Starring: Heath Ledger, Johnny Depp
Drama, Rated PG
Running Time: 122 Mins

The story of Dr. Parnassus and his extraordinary ‘Imaginarium’; a travelling show where members of the audience get an irresistible opportunity to choose between light and joy or darkness and gloom. But, in his past, Dr. Parnassus made a deal with the devil, first for his immortality, and then for his youth, on the condition that when his daughter reaches her 16th birthday, she would become the devil’s property. As Valentina approaches this ‘coming of age’ milestone, Dr. Parnassus is desperate to protect her from her impending fate - as Tony arrives dramatically into their lives, vying for her affection.

Please note movies are subject to change without notification.

JUST FOR LAUGHS

SWAMP

FLIGHT THEORY EXAM

What happens when
IT ENDS?

www.swamp.com.au
GENERAL KNOWLEDGE CROSSWORD 371

ACROSS
1 What was the former name of Alice Springs
8 Name a place where public records or other historical documents are kept
9 What are lengths of thread or yarn, wound in coils
10 Which alternative term is descriptive of bullfighters
11 Name the transparent anterior part of the external coat of the eye
13 To arouse feelings of extreme disgust, is to do what
16 What do we call the set of control buttons on a typewriter
19 Which joints of the arm lie between the upper arm and forearm
22 Which person is employed to attend and groom racehorses in the stables
24 Name a more familiar term for thespians
25 What do we call a tabular arrangement of the days of each month and week in a year
26 Name the theory that reality is one (as opposed to pluralism)

DOWN
2 Name the capital of Japan
3 What is another term for a foreigner
4 In which state was Errol Flynn said to have been born
5 What is a native of Edinburgh called
6 In golf, what is a score of one stroke under par on a hole
7 Which form of polecat is used for hunting rabbits in their burrows
12 Name the red variety of corundum, highly prized as a gem
14 Name the style of bowling used in softball
15 What is another term for a countertenor
17 In movies, what do they call members of mob scenes, etc
18 What were North American Indian warriors called
20 Name a staff used especially as a mark of office or authority
21 What are small, usually hard, abnormal elevations on the skin

PUZZLE SOLUTIONS
Vol 15 No 4 Crossword 370

The rules for Sudoku are simple - each 9-square block must contain all digits from 1 to 9, as must each horizontal and vertical line. There are many ways to fill in the squares, using logic and the process of elimination.

Sudoku Ichiban: Moderate

The last week's Hard Sudoku solution:

```
4 8 5 6 3 2 7 9 1
6 2 9 4 7 1 8 5 3
7 1 3 5 9 8 6 2 4
5 7 8 9 4 6 1 3 2
1 3 2 7 8 5 9 4 6
9 4 6 2 1 3 5 7 8
8 9 1 3 2 7 4 6 5
2 6 4 1 5 9 3 8 7
3 5 7 8 6 4 2 1 9
```
Welcome to the new Council!

At our recent AGM our new 2010 School Council was appointed. This is a particularly important time in a school’s year as it provides the parents with an opportunity for active participation in the life of the school. The School Council is a legally formed body that is given powers to set the key directions of a school, within centrally provided guidelines. In doing this, a school council is able to directly influence the quality of education that the school provides for its students. This partnership is critical and valued by the school staff. What it doesn’t mean is that if you were not elected onto this body then you can have no voice in the schools direction. All Council participants readily accept that they are a voice for the wider school community and are not there for the sole interest of their own child. The following is a list of the elected members of the council and I would strongly urge you to engage their support to put forward your ideas to make Ayangula Area School an even better educational facility.

With the support of the Council in the coming weeks, we will be embarking on the journey towards meeting the goals of our 2010-2013 Strategic Plan. Central to these goals are the five key areas of improvement within our school:

- Community Engagement and Purposeful Partnerships
- Quality Programmes for Senior Years
- Pursue Excellent Standards
- Build Strong Foundations For Life and Learning
- Build Innovative Practices

This will be an exciting journey towards self improvement and one which will have plenty of scope for input from the whole of the school community.

At the time of penning this issue, I am aware of the launch of the draft National Curriculum. The Federal Minister Julia Gillard has promised this will be a reality by the 2011 school year. Our Department has been involved in the development of this curriculum and, as such, have been slowly aligning the current curriculum to reflect this. This will ensure a very smooth transition in 2011. Some of the core changes will be the focus on Grammar being explicitly taught and also the content of History across the school years. I would encourage you to have a look at the draft through the ACARA website http://www.acara.edu.au/default.asp and make any comment you feel necessary.

Mark Monaghan
Principal

Electronic Student Profiles
The ESP Electronic Student Profiles will launch Semester 2 Week 1. We ask that all parents come in to complete an application form prior to the launch date. Or alternatively, the form can be downloaded from www.det.nt.gov.au — click on the esp icon, top right, then click the Parent application to access the pdf.
COMMUNITY EVENT REPORT BACK

PACIFIC ECHO COMES TO GROOTE

Pacific Echo is a Gospel team from the Pacific Islands of Fiji. On the 12th - 14th of February the group visited Groote Eylandt to perform a three-day event of dancing, singing gospel songs and preaching the word of God.

Many people attended to listen the sound of the pacific islands, share in the fellowship and also to feel the wonderful touch of God.

The Fijian Gospel Team also visited, and prayed with, some of the Elders of Angurugu Community and the Anindilyakwa Land Council.

This Event Was Supported By: Mission Field Outreach Inc, CFC & Groote Bush Shop, Angurugu School and the Anindilyakwa Land Council

Organised by: Roy, Benita and Parnell Kumar
COMMUNITY EVENT REPORT BACK

Alyangula Day Care was privileged to have hosted a 3-day visit from Dr Margaret Carter - a senior consultant and practitioner in early childhood development, education and behaviour management. The program was funded by the Vincent Fairfax Family Foundation Grants Program for Early Childhood in Rural and Regional areas. Dr Carter worked with the Day Care Centre and the Alyangula Area School, early childhood classes, staff and parents. Each day Dr Carter was working hands-on in the classrooms with early childhood staff and parents.

Dr Carter highlighted Early Childhood Education as the key to building a great foundation for your child's educational success. Young children learn habits and form patterns that are not easily changed in later years. Therefore, if parents and educators can establish good habits and develop productive patterns of behaviour for the children in their charge, those children will be on their way to achieving great educational success. She also stressed that among the most important things parents and educators can teach young children is self-control and self-discipline. Children should not be allowed to behave however they want just because they are young; they need to be taught appropriate behaviours and appropriate times for different behaviours.

On Tuesday night Dr Carter conducted a professional development workshop in behaviour management for fourteen early childhood professionals from the Alyangula School and the Day Care. It was agreed that there is a need to become more effective at preventing, and responding to inappropriate behaviours and thereby achieve better educational outcomes for all children. Therefore, we have decided to design and implement uniform behaviour management strategies across the Early Childhood Sector. Baseline behaviours were established and we are in the process of developing a shared understanding among all staff of what the expectation looks and sounds like and what the children would be doing, feeling and thinking and not doing, feeling and thinking if they were demonstrating this expectation. This recognition of teacher knowledge and decision making as vital to educational outcomes should create improved, better-connected education for Day Care, Preschool and Elementary children.

On Wednesday night Dr Carter held a well-attended parent information session on how to change behaviour in the early years. Dr Carter acknowledged that we live in ever-changing times which pose a significant challenge to parents. Dr Carter talked of a “parenting face” made up of special performance roles and, when these performance roles came together they form the face of great parenting. These performance roles are: wise leader, astute manager, caring nurturer, coaching teacher, and careful monitor. On the night, parents experienced new ways of looking at the children, their family, and their parenting role within the family. Real-life stories and scenarios, exciting processes, conversations and modes of interacting together were also a component of the night. Using the power of the group technique, parents were able to engage in positive self-help and not only gain new tactics, but also to share their wisdom for the benefit of others. This was a very practical program and will have ongoing benefits for parents and community.

On Thursday Dr Carter made a special time for individual parents to discuss parenting issues on a one-to-one basis. All agreed this was highly valuable. It was extremely beneficial to have Dr Carter on Eylandt and we hope that she will return again.

If parents would like any further information on the parenting program or classroom behaviour management strategies please see Simone Pedder at Alyangula Area School or Sue Cooper at Day Care.
FOR SALE

FOR SALE 5.5m SEAFARER
Includes:
- 115hp Mercury Optimax Outboard approx 650 hours
- Full safety gear
- Lowrance sounder & GPS
- VHF radio
- Outriggers
- 200 litre Evakool esky
- 150 litre fuel tank
- Dual batteries
- Under-floor kill tank
- Live bait tank
- Deck wash
- Sand & reef anchors

FOR SALE

$17,000.00 ONO
Please call Adam on 0412 981946

FOR SALE

2007 8 metre Centre Cab Haines Hunter Prowler built to survey
- Twin 225E-TEC Engines (2009) – low hours, I-command gauges,
- Survey wiring including 3 x batteries, dual pole isolators, parallel switches etc
- Stainless steel hard top with clears, rod holders and outriggers
- Lowrance GPS/Colour Sounder
- Hydraulic steering
- Electric Toilet
- VHF and 27mhz radios, marine stereo
- Electric anchor winch
- LED interior and deck lights
- Complete with large live well and self draining decks
- Safety Gear
- All on tandem axle Mackay trailer

FOR SALE

$150,000.00
Please call Gavin on 0400 866 905 to arrange an inspection

FOR SALE PROPERTY—HUMPTY DOO, NT

- 20 Acres, 1.3km to world-famous Humpty Doo pub
- 3 bedrooms (all aircon) older-style coded house
- Swimming pool, gardens around house and sheds
- Potential income from horse agistment
- Dragon fruit nursery infrastructure in place
- Caravan sites
- Close to shops, schools and 42km to Darwin CBD, 100km to Kakadu and Litchfield Parks
- Potential for subdivision

Asking Price $839 000
Contact 0447 140 211
GROOTE GET UP AND GO!

Eylandt’s Biggest Winner

The Biggest Winner...
The Biggest Winner is a 12-week goal oriented HealthKick Program. You will be inspired, motivated and empowered to adopt healthier lifestyle behaviours which bring about positive health changes in your life. OHS will work with you one-on-one to achieve health goals and monitor your progress on your way to a New You.
Are you ready to change your life?

What you get…
Over the 12 week program you and your family members are able to access:
- A personal health assessment,
- Your own exercise program,
- Personal training sessions & group exercise classes,
- Nutritional advice and monitoring,
- A registration pack with free gifts,
- Personal goal setting program,
- Constant support, and
- A Healthy Long Life!

Choose your Goals..
- Weight loss,
- Smoking cessation,
- Improve heart health (blood pressure, cholesterol, diabetes),
- Increase fitness,
- Improve muscle tone,
- Start an exercise program, or
- Change your body shape!

...You choose, it’s your life.
Register today – email bell.leahy@bhpbilliton.com

www.OnsiteHealthSolutions.com
Swimming lessons will be starting for Series 9 on the 29th March through to 29th April 2010 for any children aged 4 and over.

Lessons will be run twice a week over five weeks. (10 lessons per block)
The two days a week are either Mon/Wed or Tues/Thurs.

Cost: $120.00 to be paid in the first week of lessons.

Enrolment forms can be obtained by phoning the mobile number below or pick one up from the Supermarket (right-hand side as you walk in). Please hand completed forms into the front office at Alyangula Area School. You can also email me on markez04@bigpond.com for an enrolment form.

Maximum of 6 children per class.

Contact: Kerrie on 0428379085
Personal Thanks

We would like to thank all those people who helped to ensure our safety and the safety of our property when Cyclone Olga was imminent. In particular, we wish to thank Walter and Thomas Amagula and the staff who assisted us at the Anindilyakwa Land Council.

We are also grateful to staff from the Alyangula Police Station, in particular, Marty and Mal for their patience and help. We recognise that this was a very busy time for all involved and we would like to acknowledge our appreciation for your efforts and support.

~ Lewis and Helen Rayner
NEED AN EYE TEST?

An optometry clinic will be held at Alyangula Health Centre on

Wed 24th to Fri 26th March

Comprehensive eye examinations and a range of fashion frames to suit all budgets including prescription sunglasses and safety spectacles.

BOOK EARLY TO AVOID DISAPPOINTMENT

wise optometrists

8981 0755

"THE SMART CHOICE FOR EYE CARE"

See Washo for all your tackle supplies

Phone 0417 606 148
7 Ayawurra Cres, Alyangula NT 0885

Malarndirri McCarthy MLA
Member for Arnhem

Available for appointments when on Groote Eylandt or when Groote residents visit Darwin. Telephone conferencing can also be arranged.
DO YOU SUFFER FROM THE FOLLOWING SYMPTOMS?

- Headaches and migraines
- Frozen shoulder
- Stress and tiredness
- Sciatica
- Strains and sprains
- Abdominal problems such as cramps, irritable bowel and constipation
- Over-use injuries, Tennis or Golfer’s elbow
- Shin splints
- Back, neck and shoulder tightness
- Post pregnancy and post surgery

If you suffer from any of these symptoms a Remedial Massage could benefit you.

$80 per hour, $45 half hour

Melinda Mitchell
Diploma of Remedial Massage
Member of Australian Natural Therapies Association
Mobile: 0448559065

Katherine Vet Care Centre

Please note that the vet is on leave and will not be returning to Groote until late March.

Call the Katherine Clinic on 08 8972 2752
For the date of the next Groote clinic and appointment times.

e-mail: kathvetcare@bigpond.com
All appointments will be held in the regular ATCO building.

Physiotherapist
Rory Fanning

Headaches, backache, injuries, fitness advice and exercise programs.
Every Tuesday between 6pm and 8pm and Wednesday between 11am and 2pm
Service is free (up to 6 sessions per year) to GEMCO Employees and Contracting Partners who have attended Back Strain Buster Training (and their immediate on-eylandt residing family members)
Phone: 0439 834 869 for an appointment – please leave a message and Rory will return your call.
Consultancy room located at the rear of the Medical Centre

GEMCO Employee Assistance Program
BSS Corporate Psychology

GEMCO employees, contractors, NT Police, DEET and HACS and their families on Groote Eylandt can access free, confidential, professional counselling and other services and treatments.

Greg Goodluck (Psychologist/Social Worker) and Denise Dickson (Psychologist) visit Groote Eylandt regularly.
To access this service, please telephone BSS on freecall 1800 303 090.

Greg Goodluck—Registered Psychologist
PSYNT 1062337

THE HON WARREN SNOWDON MP
MEMBER FOR LINGIARI
Is opening an electorate office at:
Shop 12, 465 Stuart Highway
Coolalinga NT 0835

This office is located next to the service station on the side of the highway opposite the supermarket

Telephone: (08) 89 833 129
Facsimile: (08) 89 833 012
Toll free: 1300 301 725
Email: Warren.Snowdon.MP@aph.gov.au
# Vincent Aviation Australia

## Groote Eylandt Flight Schedule 2009

### DARWIN * GROOTE EYLANDT * DARWIN

<table>
<thead>
<tr>
<th>DAY</th>
<th>FLT #</th>
<th>PORT</th>
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<th>PORT</th>
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**Reservations:** 08 8980 4000  
Alyangula Office: 08 8987 6080

**Fax bookings:** 08 8928 1399  
Alyangula Fax: 08 8987 6081

**Email bookings:** reservations@vincentaviation.com.au

Maximum baggage allowance of 15kg and 5kg for carry-on. Excess rates apply for any additional.

Flight closed 30 minutes prior to departure time.

Please check-in 60 minutes prior to boarding. ID required when checking-in.

*Fares & timetables are subject to change without prior notice. Excess baggage & freight is standby only.*

**Proud Sponsors of MJD (Machado Joseph Disease) Foundation**  
*Effective 1st August 2009*
### TIDE PREDICTIONS FOR MILNER BAY (CST)

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