Lee brings wealth of knowledge for our coaches

Steve Menzies
NETBALL

"This will also be the perfect time for players and the team to step up their intensity and quality of work ready for the National Championships in April, in Perth."

Lee will also conduct an eight session program for any players aged 12-13 years.

 "The sessions, to be held on Sundays and Mondays at St Philip’s College, are designed to teach all aspects of the game, provide match play, increase players’ strength and power and teach them how to run with speed and great acceleration.


"We need to continually work with the next players coming through the Netball pathway,” Lee said.

"As we can be giving players great fundamentals early on in their netball careers this can only make them better players in the future.

"There is a lot of great netball talent in Alice Springs now and we need to ensure this continues in the future.

"Three NT players, including Billie Newton in the SA RU, have been selected in other state teams for 2016.

"Netball NT is very proud of their achievements and if we can continue to help players with their netball pathways then we're doing a great job. The more we can be doing this in the future, the better.”

This is why Lee will be spending time educating and helping coaches in Alice Springs as a key focus for the month.

She said the more quality coaches there are, the more players can be reached.

Lee will be conducting the Coach Accreditation Courses and also her Practical Coaching Classes (PCC) which are open and free for any coach, at any level or even parents how may want to coach in the future.

"The more coaches, the better,” she said.

Lee will be in Alice Springs from February 16 to March 16.