Peter Styles
Minister for Senior Territorians

Expo gives our seniors a helping hand

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Territory seniors will be given a few important tips and a helping hand at one of the key events on the Territory Government Seniors Month calendar.

Minister for Senior Territorians is urging seniors to find some time to attend tomorrow’s Council of the Ageing’s Seniors Expo. The Expo, at the Museum and Art Gallery from 9.30 am to 12.30pm, will provide seniors with the opportunity to get relevant information from local community groups, businesses, government and non-government agencies. The government is also hosting a free morning tea.

“Seniors Month is a time to celebrate the valuable role seniors play in the Territory, providing events and activities that promote the positive aspects of ageing,” Minister for Senior Territorians Peter Styles said.

“Seniors Month events are aimed at encouraging older people to have a healthy lifestyle, connect to the community and get involved in new activities which may lead to continued involvement for many years to come.”

The Territory Government supports Seniors Month through the Seniors Month Grant Program.

A new and exciting Seniors Month calendar of events has been produced and distributed.

The calendar is available at key Electoral Officers throughout the Territory and can be printed from the Office of Senior Territorians website at http://www.dcm.nt.gov.au/strong_community/seniors/seniors_calendar.

“I urge Territory seniors to take part and try something new as part of this year’s Seniors Month celebrations,” Mr Styles said.

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