Media Release

Peter Styles
Minister for Senior Territorians

Time for our seniors to kick up their heels

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You’re never too old to have fun and next month it will be time for our seniors to kick up their heels as the Territory Government celebrates Seniors’ Month.

“Seniors’ Month is a time to celebrate the valuable role seniors play in the Territory, providing events and activities that promote the positive aspects of ageing,” Minister for Senior Territorians Peter Styles said.

“Seniors’ Month events are aimed at encouraging older people to have a healthy lifestyle, connect to the community and get involved in new activities which may lead to continued involvement for many years to come.”

The Territory Government supports Seniors’ Month through the Seniors’ Month Grant Program.

A new and exciting Seniors’ Month calendar of events has been produced and distributed to Territory seniors and should be hitting doorsteps now.

The calendar will also be available at key Electoral Offices throughout the Territory and can be printed from the Office of Senior Territorians website at http://www.dcm.nt.gov.au/strong_community/seniors/seniors_calendar.

“I urge Territory seniors to take part and try something new as part of this year’s Seniors' Month celebrations,” Mr Styles said.

“Seniors' Month runs for the entire month of August, with local organisations coming together to provide fun, exciting and some thought provoking activities for seniors in our community.”

“This year, events will be held right across the Territory in Darwin, Palmerston, Darwin Rural, Central Australia, Katherine, Wadeye and Wagait Beach.”

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