The *One Life One Chance Aussie Roadtrip* will visit the following NT towns:

**Jabiru:**
Monday 2 March  
Venue: Alberto Luglietti Memorial Swimming Pool  
Time: 4pm-5pm Swim Clinic  
5.30pm-6.30pm Healthy Eating / Weight Loss Seminar

**Palmerston:**  
Wednesday 4 March  
Venue: Palmerston Recreation Centre  
Time: 6pm-6.45pm Fitness Workshop  
7pm-9pm Motivational and Weight loss Seminar

**Katherine:**  
Thursday 5 March  
Venue: YMCA, Henry Scott Recreation Centre, Stuart Highway  
Time: 6pm-6.45pm Fitness Workshop  
7pm-9pm Motivational and Weight loss Seminar

**Tennant Creek:**  
Saturday 7 March  
Venue: Civic Centre  
Time: 3pm-5pm Weight Loss and Fitness Workshop

**Alice Springs:**  
Monday 9 March  
Venue: YMCA, Sadadeen Road  
Time: 6pm-6.45pm Exercise Workshop  
7pm-9pm Motivational and Weight loss Seminar

**Uluru:**  
Friday 13 March  
Venue: Yulara School – Healthy Kids, Happy Kids  
Time: 9am-10am  
Town Square Motivational and weight loss talk  
2pm-3pm

Saturday 14 March  
Venue: Sunrise Workout at Uluru  
Time: 6:15am for 7am start