

FRIDAY August 8

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6.00 News. (CC) 9.00 ABC News. (CC) 10.00 One Plus One. (R, CC) 10.30 At The Movies. (PG, R, CC) 11.00 Big Ideas. (PG, CC) 12.00 News. (CC) 1.00 Great Expectations. (PG, R, CC) 2.00 Adam Hills: The Last Leg. (R, CC) 2.30 Tractor Monkeys. (PG, R, CC) 3.00 Antiques Master. (R, CC) 3.30 Midsomer Murders. (PG, R, CC) 5.00 News: Early Edition. (CC) 5.30 The Drum. (CC) 6.00 Eggheads. (CC) 6.30 Qi. (PG, R, CC) 7.00 News. (CC) 7.30 7.30 NT. (CC) Hosted by Alyssa Betts. 8.00 Agatha Christie's Poirot. (PG, R, CC) A crime writer asks Poirot for help. 9.30 Secret State. (M, CC) Part 3 of 4. 10.15 Lateline. (CC) 10.55 Dirty Laundry. (R, CC) 11.35 Rage. (MA15+) 5.00 Rage. (PG)

6.00 Sunrise. (CC) 9.00 The Morning Show. (PG, CC) 11.30 Morning News. (CC) 12.00 Movie: Helen West: Shadow Play. (2002) (M, CC) 2.00 The Daily Edition. (CC) 3.00 The Chase. (R, CC) 4.00 News At 4. (CC) 5.00 Deal Or No Deal. (R, CC) 5.30 Million Dollar Minute. (CC) 6.00 News. (CC) 7.00 Better Homes And Gardens. (CC) Hosted by Johanna Griggs. 7.30 Football. (CC) AFL. Round 20. Richmond v Essendon. From the MCG. 11.00 The Amazing Race Australia V New Zealand. (M, R, CC) Hosted by Grant Bowler. 1.00 Movie: Because I Said So. (2007) (M, R, CC) Diane Keaton, Mandy Moore, Gabriel Macht. A woman plays matchmaker. 3.00 Home Shopping. 4.00 NBC Today. (CC) News and current affairs.

6.00 Today. (CC) 8.30 Mornings. (PG, CC) 10.30 News. (CC) 11.30 Ellen. (PG, R, CC) 12.30 Danoz. 1.30 Brand Developers. 2.30 News Now. (CC) 3.45 News. (CC) 5.00 Hot Seat. (CC) 5.30 News. (CC) 6.30 A Current Affair. (CC) 7.00 Rugby League. (CC) NRL. Round 22. Brisbane Broncos v Canterbury Bulldogs. From Suncorp Stadium, Brisbane. 9.00 Rugby League. (CC) NRL. Round 22. South Sydney Rabbitohs v Manly Sea Eagles. From the SCG. 11.00 Movie: The Condemned. (2007) (AV15+, R, CC) Steve Austin, Winnie Jones, Nathan Jones. 1.25 Movie: Captivity. (2007) (AV15+, R) Elisha Cuthbert, Daniel Gillies, Pruitt Taylor Vince. 3.00 Skippy The Bush Kangaroo. (R) 3.30 Brand Developers. 4.00 Good Morning America. (CC)

6.00 Ent. Tonight. (R, CC) 6.30 GCBC. (R, CC) 7.00 Huey. (R, CC) 7.30 Bold. (R, CC) 8.00 Family Feud. (R, CC) 8.30 Studio 10. (PG, CC) 11.00 The Living Room. (PG, R, CC) 12.00 Dr Phil. (M, CC) 1.00 The Doctors. (PG, R, CC) 2.00 Jamie's Big Feastival. (R, CC) 3.00 Judge Judy. (PG, CC) 3.30 Ent. Tonight. (CC) 4.00 Everyday Gourmet. (CC) 4.30 Bold. (CC) 5.00 News. (CC) 6.00 Family Feud. (CC) 6.30 The Project. (CC) 7.30 The Living Room Clutter Buster Special. (PG, R, CC) 8.30 Movie: Anchorman: The Legend Of Ron Burgundy. (2004) (R, CC) Will Ferrell, Christina Applegate, Steve Carell. 10.30 50 Years Young. (PG, R, CC) 12.30 David Letterman. (PG) 1.30 Shopping. (R)

6.00 Shopping. 8.00 NASCAR Nationwide Series. Race 20. US Cellular 250. H'lights. 9.00 Motor Racing. NASCAR Sprint Cup. Race 21. Gobowling.Com 400. H'lights. 10.00 Omnisport. (R) 10.25 Whose Line. (PG, R) 11.25 Undercover Boss. (PG, R) 12.25 A Gifted Man. (PG, R) 1.25 Rush. (M, R, CC) 2.25 The Biggest Loser Australia. (R, CC) 2.55 The Biggest Loser Australia. (PG, R, CC) 4.00 Get Smart. (PG, R) 4.30 Temporary Australians. (PG, R) 5.00 iFish. (R) 6.00 Family Feud. (CC) 6.30 M*A*S*H. (PG, R) 7.30 Megafactories. 8.30 Cops: Adults Only: Mardi Gras Pt 1. (M, R) 9.30 Movie: Finish Line. (2008) (AV15+) 11.30 The League. (MA15+, R) 12.30 Bellator MMA. (M, R) 3.45 Cops: Adults Only. (M, R) 4.15 Omnisport. 4.30 NASCAR Sprint Cup. Race 21. Gobowling.Com 400. Qualifying. Replay. Continued.

6.00 WorldWatch. 12.30 Costa's Garden Odyssey. (R, CC) 1.00 Inspector Rex. (PG, R) 1.55 Wonderful Indonesia. 2.00 NITV In Review. 2.30 France 24. (CC) 3.00 Al Jazeera News. (CC) 3.30 The Journal. (CC) 4.00 PBS NewsHour. (CC) 5.00 Global Village. (CC) 5.30 Food Factory: Supersized. (R, CC) 6.00 News. (CC) 7.00 Hairy Bikers' Asian Adventure. (CC) 8.00 Australia's Secret Heroes. (PG, R, CC) 9.05 As It Happened. (PG, CC) 10.05 News. (CC) 10.35 Movie: Room In Rome. (2010) (MA15+, R) 12.30 Movie: Chameleon. (2008) (MA15+, R, CC) 2.25 Movie: Gone With The Woman. (2007) (M, R, CC) 4.05 DIY Encouragement. (PG, R) 4.20 Luke Nguyen's Greater Mekong Bitesize. (CC) 4.30 WorldWatch.

Note: Some Channel 10 viewers receive programs by a 30 min difference.

Note: Program times on some channels may differ in border regions due to feed in adjoining states. Programs are correct at time of print and are subject to change by networks.

SATURDAY August 9

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6.00 Rage. 10.30 Rage. (PG) 11.30 Catalyst. (R, CC) 12.00 Aust Story. (R, CC) 12.30 The Restaurant Inspector. (R, CC) 1.30 The Trophy Room. (R, CC) 2.00 Poirot. (PG, R, CC) 3.35 Movie: Hondo. (1953) (PG, R, CC) 5.00 What's Your Story? (PG, R, CC) 5.10 River Cottage: Summer's Here. (R, CC) 6.00 Saturday Landline. (R, CC) 6.30 Gardening Australia. (CC) Hosted by Costa Georgiadis. 7.00 News. (CC) 7.30 Father Brown. (PG, CC) 8.20 New Tricks. (PG, R, CC) Steve and Gerry head to Scotland. 9.20 The Doctor Blake Mysteries. (M, R, CC) A flower competition judge is murdered. 10.15 Movie: Tim Winton's The Turning. (2013) (M, R, CC) Cate Blanchett, Rose Byrne, Hugo Weaving. 11.50 Rage. (MA15+) 5.00 Rage. (PG)

6.00 Saturday Disney. (CC) 7.00 Weekend Sunrise. (CC) 10.00 The Morning Show: Weekend. (PG, CC) 12.00 Dr Oz. (PG, CC) 1.00 The Amazing Race Australia V New Zealand. (M, R, CC) 3.00 Football. (CC) AFL. Round 20. GWS v North Melbourne. From StarTrack Oval, Canberra. 6.00 News. (CC) 7.00 Football. (CC) AFL. Round 20. Geelong v Fremantle. From Simonds Stadium, Victoria. 11.00 Movie: Smokey And The Bandit III. (1983) (M, R, CC) Jackie Gleason, Jerry Reed, Paul Williams. A sheriff transports a shipment of fish. 1.00 Go On. (PG, R, CC) Ryan offers some unsound advice. 1.30 Movie: Carnage. (2011) (M) Jodie Foster, Kate Winslet, Christoph Waltz. Two pairs of parents hold a meeting. 3.30 It Is Written Oceania. (PG) 4.00 Home Shopping. 5.00 Dr Oz. (PG, R, CC)

6.00 Dora. (R, CC) 6.30 Weekend Today. (CC) 9.30 Danoz. 11.30 Surfing. (CC) Men's World C'ship Tour. Round 5. Fiji Pro. H'lights. 12.30 Animal Emergency. (R, CC) 1.00 Movie: Amazing Grace. (2007) (PG, CC) 3.30 Endangered. (CC) 4.30 4WD TV. 5.00 Getaway. (PG, CC) 5.30 News. (CC) 6.30 The Block Glasshouse Unlocked. (PG, CC) 7.00 Movie: The Spy Next Door. (2010) (PG, R, CC) Jackie Chan, Amber Valletta, Billy Ray Cyrus. 9.00 Movie: Salt. (2010) (M, R, CC) Angelina Jolie, Liev Schreiber, Chiwetel Ejiofor. A CIA agent goes on the run. 11.00 Movie: Dorian Gray. (2009) (AV15+, CC) Ben Barnes, Colin Firth, Rebecca Hall. 1.10 Movie: Honky Tonk Freeway. (1981) (M, R) 3.10 Skippy The Bush Kangaroo. (R) 3.40 Danoz Direct. 4.05 TV Shop: Home Shopping. 4.30 Extra. (R, CC) 5.00 Wesley Impact. (CC)

6.00 Ready Steady Cook. (PG, R, CC) 7.00 Fishing Edge. (R, CC) 7.30 iFish. (R, CC) 8.30 St10. (CC) 10.00 St10: Extra. (PG, CC) 11.00 Bondi Vet. (PG, R, CC) 12.00 The Living Room Clutter Buster Special. (PG, R, CC) 1.00 The Talk. (PG, CC) 2.00 The Talk. (PG, CC) 3.00 iFish. (CC) 4.00 What's Up! Downunder. (CC) 4.30 Everyday Gourmet. (R, CC) 5.00 News. (CC) 6.00 The Simpsons. (PG, CC) 6.30 Movie: Mr Popper's Penguins. (2011) (G, R, CC) 8.30 Movie: Captain America: The First Avenger. (2011) (M, R, CC) Chris Evans, Hayley Atwell, Hugo Weaving. A young man is transformed into a hero. 10.55 Have You Been Paying Attention? (M, R, CC) 11.55 Movie: Crush. (2009) (M, R, CC) 1.40 Home Shopping. (R) 4.30 It Is Written. (PG) 5.00 Hour Of Power.

6.00 Motor Racing. NASCAR Sprint Cup. Race 21. Gobowling.Com 400. Qualifying. Replay. Continued. 10.30 The List. 11.00 Omnisport. 11.30 To Be Advised. 2.00 4x4 Adventures. (R) 3.00 Shark Tracker. (CC) 4.00 Fishing Edge. 4.30 Reel Action. 5.00 Escape With ET. (R, CC) 6.00 Get Smart. (PG, R) 6.30 Monster Jam. 7.30 Cops. (PG, R) 8.00 Cops. (PG, R) 8.30 Law & Order: SVU. (M, R, CC) A woman is found buried in a courtyard. 9.30 Law & Order: SVU. (M, R, CC) 10.30 The Killing. (M, R) 11.30 48 Hours. (M, R) 12.30 Bellator MMA. (M, R) 2.05 Flip Men. (PG, R) 2.35 American Digger. (PG, R) 3.05 Hook, Line And Sisters. (PG, R) 3.35 Omnisport. 4.00 Motor Racing. NASCAR Nationwide Series. Race 20. US Cellular 250. H'lights. 5.00 Motor Racing. NASCAR Sprint Cup. Race 21. Gobowling.Com 400. H'lights.

6.00 WorldWatch. 9.00 Greek News. 10.00 German News. 10.30 Spanish News. 11.30 Arabic News. 12.00 Turkish News. 12.30 New Year's Day Concert. (R, CC) 3.10 Tim Marlow's Virtual Gallery. 3.15 Piano Notes. (R) 3.25 Photo. (PG, R) 4.00 PBS NewsHour. (CC) 5.00 The Destiny Of Rome. (PG, R, CC) 6.00 World News. (CC) 7.00 Expedition Burma. (PG, CC) 8.00 Duck Quacks Don't Echo. (PG, CC) Hosted by Lee Mack. 8.55 Movie: Death At A Funeral. (2007) (M, R, CC) Matthew Macfadyen, Rupert Graves, Alan Tudyk. A funeral takes an unexpected turn. 10.35 Movie: The Reluctant Infidel. (2010) (MA15+, R) 12.30 Movie: Rally Chicks. (2008) (M, R, CC) 2.20 Movie: Big Man Japan. (2007) (M, R) 4.20 ADbc Bitesize. (R, CC) 4.30 Korean News. 5.05 Japanese News.

SUNDAY August 10

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6.00 Rage. 6.00 Basketball. WNBL. Preliminary final. Dandenong v Townsville. 7.00 Weekend Breakfast. 9.00 Insiders. 10.00 Offsiders. 10.30 The World This Week. 11.00 7.30 NT. 11.30 Praise. 12.00 Landline. 1.00 Gardening Aust. 1.30 The Dreamhouse. 2.00 Father Brown. 3.00 Parkinson: Masterclass. 4.00 Big Ideas Arts. 5.00 Midsomer Murders. 6.30 Compass. (CC) 7.00 News. (CC) 7.30 Grand Designs Revisited. (CC) 8.30 ANZAC Girls. (M, CC) 9.30 The Tunnel. (M, CC) 10.20 Broadchurch. (M, R, CC) 11.10 Adam Hills: The Last Leg. (R, CC) 11.40 All In The Best Possible Taste With Grayson Perry. (M, R, CC) 12.30 Scott & Bailey. (M, R, CC) 1.20 Movie: Scarlet Street. (1945) (PG, R, CC) 3.15 The Tunnel. (M, R, CC) 4.00 New Inventors. (R, CC) 4.30 Catalyst. (R, CC) 5.00 Gardening Australia: Best Of 2. 5.30 Best Of Collectors.

6.00 Art Attack. (CC) 6.30 Fish Hooks. (CC) 7.00 Weekend Sunrise. (CC) 10.00 AFL Game Day. (PG, CC) 11.30 Movie: Read It And Weep. (2006) (G, R, CC) 1.30 Footy Flashbacks. (PG, CC) 3.00 Football. (CC) AFL. Round 20. St Kilda v Western Bulldogs. 6.00 News. (CC) 6.30 The X Factor. (PG, CC) Hosted by Luke Jacobz. 9.15 Highway Patrol: Brazen Burnout. (PG, CC) Officers deal with a hoon doing burnouts in an industrial area, and a drunk driver with a burning tyre. 9.45 Castle. (M, R, CC) An editor's assistant is murdered. 10.45 Castle. (M, R, CC) 11.40 Royal Pains. (M, R, CC) 12.35 Whitney. (PG) 1.00 The Cult. (M, R) 2.00 Home Shopping. 3.00 NBC Today. (CC) 4.00 NBC Meet The Press. (CC) 5.00 Sunrise Extra. (CC) 5.30 Early News. (CC)

6.00 Dora. (R, CC) 6.30 Weekend Today. (CC) 9.30 Financial Review. (CC) 10.00 Wide World Of Sports. (CC) 11.00 NRL Sunday Footy Show. (CC) 1.00 Wild Life Of Tim Faulkner. (R, CC) 1.30 Rugby League. (CC) QRL. Intrust Super Cup. Round 23. Tweed Heads Seagulls v Wynnum Manly Seagulls. 3.30 Rugby League. (CC) NRL. Round 22. St George Illawarra Dragons v Penrith Panthers. 5.30 News. (CC) 6.00 The Block Glasshouse. (PG, CC) 7.10 The Voice Kids. (CC) 8.40 60 Minutes. (CC) 9.40 The Mentalist. (M, CC) 10.40 CSI: Crime Scene Investigation. (M, R, CC) 11.30 Financial Review Sunday. (R, CC) 12.00 What Would You Do? (M, CC) 1.00 Spyforce. (PG, R) 2.00 Brand Developers. 3.30 Good Morning America: Sunday Edition. (CC) 4.30 News. (CC) 5.00 Today. (CC)

6.00 Mass. (R, CC) 6.30 Hillsong. (CC) 7.00 Joseph Prince. (CC) 7.30 GCBC. (R, CC) 8.00 GCBC. (R, CC) 8.30 St10. (CC) 10.00 Bolt Report. (CC) 11.00 The Talk. (PG, CC) 12.00 The Talk. (PG, CC) 1.05 Movie: Flicka 3: Best Friends. (2012) (G, CC) 3.00 iFish. (R, CC) 4.00 Bolt Report. (R, CC) 5.00 News. (CC) 6.00 Bondi Rescue. (PG, R, CC) 6.30 Bondi Vet. (PG, CC) 7.30 Modern Family. (PG, R, CC) 8.30 Movie: Little Fockers. (2010) (M, R, CC) Ben Stiller, Teri Polo, Robert De Niro. An ailing former CIA agent visits his son-in-law. 10.30 Movie: The Art Of Getting By. (2011) (M, CC) Freddie Highmore, Emma Roberts, Michael Angarano. 12.15 48 Hours: Live To Tell - One Last Hug. (M, R) 1.30 Home Shopping. 4.00 Life Today With James Robison. (PG) 4.30 CBS This Morning. (CC)

6.00 The List. 6.30 Omnisport. 6.55 Sporting Greats. 7.30 Sport Science. (PG) 8.30 Python Hunters. (PG) 9.30 Hook, Line And Sisters. (PG) 10.00 Sport Science. (PG) 11.00 Reel Action. 11.30 Omnisport. 12.00 How Jaws Changed The World. (PG) 2.00 Megafactories. 3.00 Hook, Line And Sisters. (PG) 3.30 American Digger. (PG) 4.00 Adventure Angler. 4.30 Golf Getaway. 5.00 What's Up Down Under. 5.30 iFish. 6.00 Cops. (PG, R) 6.30 M*A*S*H. (PG, R) 7.30 Extreme Fishing. (PG, R) 8.30 Extreme Fishing. (PG) 9.30 Movie: Saving Private Ryan. (1998) (AV15+, R) 12.50 Sleeper Cell. (MA15+, R) 1.50 Python Hunters. (PG, R) 2.50 Omnisport. 3.00 Motorcycle Racing. MotoGP. Indianapolis Grand Prix. Pre-show. 3.30 Motorcycle Racing. MotoGP. Indianapolis Grand Prix. Race 10. 4.30 MotoGP. Indianapolis Grand Prix. Post show. 5.00 Omnisport. 5.30 Adventure Angler.

6.00 WorldWatch. 10.30 Spanish News. 11.30 Arabic News. 12.00 Turkish News. 12.30 Al Jazeera News. (CC) 1.00 Designer People. (R) 1.30 Speedweek. (CC) 3.30 Motorcycle Racing. (CC) Superbike World Championship. Round 8. 4.00 FIFA Futbol Mundial. (CC) 4.30 World Of Cycling. (CC) 5.00 Who Do You Think You Are? (PG, R, CC) 6.00 World News. (CC) 7.00 Lost Worlds: Alexander's Lost World - City Of Lady Moon. (PG, CC) 8.00 Marlon Brando: An Actor Named Desire. A look at Marlon Brando. 9.45 Masters Of Sex. (R, CC) 10.50 Greece: The Lost Signal Of Democracy. (CC) 11.50 The Brides Of Khan. (R, CC) 12.25 Movie: Winter In Wartime. (2008) (M, R) 2.20 Movie: The Man Who Will Come. (2009) (M, R) 4.30 Korean News. 5.05 Japanese News.

MONDAY August 11

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6.00 News. 9.00 ABC News. 10.00 Grand Designs Revisited. 11.00 Big Ideas. 12.00 News. 1.00 Landline. 2.00 Kitchen Cabinet. 2.30 Tractor Monkeys. 3.00 Antiques Master. (R, CC) 3.30 Midsomer Murders. (PG, R, CC) 5.00 News. (CC) 5.30 The Drum. (CC) 6.00 Eggheads. (CC) 6.30 Qi. (PG, R, CC) 7.00 News. (CC) 7.30 7.30. (CC) 8.00 Australian Story: Finding Her Father. (CC) 8.30 Four Corners. (CC) 9.20 Media Watch. (PG, CC) 9.35 Q&A. (CC) 10.35 Lateline. (CC) 11.10 The Business. (R, CC) 11.35 The Iraq War. (M, R, CC) 12.35 Anatomy Of A Massacre. (M, R, CC) 1.30 Movie: Two Tickets To Broadway. (1951) (G, R, CC) 3.30 Rugby Union. (CC) Shute Shield. Finals Series. Semi-final. Manly v Eastwood. Replay. 5.30 Eggheads. (R, CC)

6.00 Sunrise. (CC) 9.00 The Morning Show. (PG, CC) 11.30 News. (CC) 12.00 The Amazing Race Australia V New Zealand. (M, R, CC) 2.00 The Daily Edition. (CC) 3.00 The Chase. (CC) 4.00 News. (CC) 5.00 Deal Or No Deal. (R, CC) 5.30 Million Dollar Minute. (CC) 6.00 News. (CC) 7.00 Home And Away. (PG, CC) 7.30 The X Factor. (PG, CC) 8.40 The Amazing Race Australia V New Zealand. (PG, CC) Hosted by Grant Bowler. 10.00 The Goldbergs. (PG, CC) 10.30 Brynne: My Bedazzled Diary. (PG, CC) 11.30 Talking Footy. (PG, CC) 12.30 Parks And Recreation. (PG, CC) 1.00 Home Shopping. 3.30 Sons And Daughters. (R, CC) 4.00 NBC Today. (CC) 5.00 Sunrise Extra. (CC) 5.30 Early News. (CC)

6.00 Today. (CC) 8.30 Mornings. (PG, CC) 10.30 News. (CC) 11.30 Ellen. (PG, R, CC) 12.30 Danoz. 1.30 Brand Developers. 2.30 News Now. (CC) 3.45 News. (CC) 5.00 Hot Seat. (CC) 5.30 News. (CC) 6.30 A Current Affair. (CC) 7.00 The Block Glasshouse. (PG, CC) 8.10 House Husbands. (PG, CC) 9.10 Extraordinary Lives: She's 78, He's 39. (PG, CC) Meet couples with a big age gap. 10.10 Embarrassing Bodies: Embarrassing Teenage Bodies/Trouble With Teens. (MA15+, R, CC) 11.10 Anger Management. (M, R, CC) 11.40 Oh Sit! (PG) 12.30 Extra. (R, CC) 1.00 Skippy The Bush Kangaroo. (R) 1.30 Brand Developers. 3.00 Good Morning America. (CC) 4.30 News. (CC) 5.00 Today. (CC)

6.00 Ent. Tonight. (R, CC) 6.30 GCBC. (R, CC) 7.00 Huey. (R, CC) 7.30 Bold. (R, CC) 8.00 Family Feud. (R, CC) 8.30 Studio 10. (PG, CC) 11.00 Bondi Vet. (PG, R, CC) 12.00 Dr Phil. (M, CC) 1.00 Offspring. (M, R, CC) 3.00 Judge Judy. (PG, CC) 3.30 Ent. Tonight. (CC) 4.00 Everyday Gourmet. (CC) 4.30 Bold. (CC) 5.00 News. (CC) 6.00 Family Feud. (CC) 6.30 The Project. (CC) 7.30 David Attenborough's Natural Curiosities. (CC) 8.00 David Attenborough's Natural Curiosities. (CC) 8.30 Have You Been Paying Attention? (M, CC) 9.30 NCIS: Los Angeles. (M, R, CC) 10.30 NCIS: LA. (M, R, CC) 11.30 The Project. (R, CC) 12.30 David Letterman. (PG) 1.30 Shopping. 4.00 James Robison. (PG) 4.30 CBS Morning. (CC)

6.00 Motor Racing. NASCAR Sprint Cup. Race 22. Cheez-It 355 at The Glen. 10.00 Omnisport. (R) 10.30 Whose Line. (PG, R) 11.00 Megafactories. (R) 12.00 A Gifted Man. (M, R) 1.00 Rush. (M, R, CC) 2.00 The Biggest Loser Australia. (PG, R, CC) 4.00 Get Smart. (PG, R) 4.30 Reel Action. (R) 5.00 iFish. (R) 6.00 To Be Advised. 6.30 M*A*S*H. (PG, R) 7.00 M*A*S*H. (PG, R) 7.30 Garage Gold. (R) 8.00 Undercover Boss. (PG) 9.00 An Idiot Abroad: Karl Comes Home. (M, R, CC) Karl looks back at his travels. 10.00 Hell's Kitchen. (M, R) 12.00 Bellator MMA. (M, R) 3.15 American Digger. (PG, R) 3.45 Omnisport. 4.00 Gymnastics. Aust C'ships. H'lights. 5.00 Gymnastics. Aust C'ships. H'lights.

6.00 WorldWatch. 12.30 Clash Of The Dinosaurs. (PG, R, CC) 1.30 The Vasectomist. (M, R, CC) 2.30 France 24 International News. (CC) 3.00 Al Jazeera News. (CC) 3.30 The Journal. (CC) 4.00 FIFA Futbol Mundial. (CC) 4.30 A Year At Kew. (R, CC) 5.00 Global Village. (CC) 5.30 Luke Nguyen's Vietnam. (R, CC) 6.00 World News. (CC) 7.00 MythBusters. (PG, CC) 8.00 Michael Mosley: Eat, Fast And Live Longer. (R, CC) 9.00 Legally Brown. (M, CC) 9.30 Brooklyn Nine-Nine. (M, CC) 10.00 World News Late. (CC) 10.30 The World Game. (CC) 11.00 Borgen. (R, CC) 12.05 Shorts On Screen. (CC) 12.50 Movie: Empties. (2007) (M, R) 2.40 James May's Man Lab. (PG, R, CC) 3.40 Freddie Flintoff Versus The World. (M, R, CC) 4.30 Korean News. 5.05 WorldWatch.

Classifications: (P) Preschoolers (C) Children (G) General (PG) Parental Guidance (M) Mature Audiences (MA15+) Mature Audiences Only (AV15+) Extreme Adult Violence (CC) Closed Captions (R) Repeat. Consumer Advice: (a) Adult themes (d) Drug references (h) Horror (s) Sex references (l) Language (m) Medical procedures (n) Nudity (v) Violence.

GET YOUR COMPREHENSIVE SEVEN DAY GUIDE IN TUESDAY'S ADVOCATE